

# **CHURCH OF THE HOLY SPIRIT CLAPHAM**



**EUCCHARIST  
IN  
LENT**

## **WELCOME**

### **HYMN 121      FORTY DAYS AND FORTY NIGHTS**

**Forty days and forty nights  
thou wast fasting in the wild;  
forty days and forty nights  
tempted, and yet undefiled:**

**Sunbeams scorching all the day;  
chilly dewdrops nightly shed;  
prowling beasts about thy way;  
stones thy pillow, earth thy bed.**

**Shall not we thy sorrows share,  
and from earthly joys abstain,  
fasting with unceasing prayer,  
glad with thee to suffer pain?**

**And if Satan, vexing sore,  
flesh or spirit should assail,  
thou, his vanquisher before,  
grant we may not faint nor fail.**

**So shall we have peace divine;  
holier gladness ours shall be;  
round us too shall angels shine,  
such as ministered to thee.**

**Keep, O keep us, Saviour dear,  
ever constant by thy side;  
that with thee we may appear  
at the eternal Eastertide.**

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you.

**And also with you.**

Almighty God,  
**To whom all hearts are open, all desires known,  
And from whom no secrets are hidden:  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
That we may perfectly love you,  
and worthily magnify your holy name;  
Through Christ our Lord.  
Amen**

## **PENITENTIAL PRAYERS**

### **INVITATION TO CONFESSION**

The sacrifice of God is a broken spirit; a broken and contrite heart God will not despise. Let us come to the Lord, who is full of compassion, and acknowledge our transgressions in penitence and faith.

### **Kyrie Confessions**

*With the following responses*

Lord, have mercy.

**Lord, have mercy.**

Christ, have mercy.

**Christ, have mercy.**

Lord, have mercy.

**Lord, have mercy.**

## **ABSOLUTION**

Almighty God, who forgives all who truly repent,  
have mercy upon us,  
pardon and deliver us from all our sins,  
confirm and strengthen us in all goodness,  
and keep us in life eternal; through Christ, our Lord.

**Amen**

## **THE COLLECT**

Heavenly Father,  
your Son battled with the powers of darkness,  
and grew closer to you in the desert:  
help us to use these days to grow in wisdom and prayer  
that we may witness to your saving love  
in Jesus Christ our Lord.

**Amen**

## **THE LITURGY OF THE WORD**

### **First Reading: Genesis 9:8-17**

God said to Noah and to his sons with him, 'As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.' God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.' God said to

Noah, 'This is the sign of the covenant that I have established between me and all flesh that is on the earth.'

This is the word of the Lord.

**Thanks be to God.**

### **Gospel Reading: Mark 1:9-15**

Hear the Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, O Lord.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

This is the Gospel of the Lord.

**Praise to you, O Christ.**

### **SERMON**

### **AFFIRMATION OF FAITH**

Let us affirm our faith in Jesus Christ the Son of God.

**Though he was divine, he did not cling to equality with God, but made himself nothing.**

**Taking the form of a slave, he was born in human likeness.**

**He humbled himself and was obedient to death,  
even the death on the cross.  
Therefore God has raised him on high,  
and given him the name above every name:  
that at the name of Jesus every knee should bow,  
and every voice proclaim that Jesus Christ is Lord,  
to the glory of God the Father.  
Amen**

### **PRAYERS OF INTERCESSION**

*The response to the prayer is*  
Lord, in your mercy  
**hear our prayer.**

*And at the end*  
Merciful Father,  
**accept these prayers for the sake of your Son,  
our Saviour Jesus Christ.  
Amen**

### **THE PEACE**

In the tender mercy of our God, the dayspring from on high shall break upon us, to give light to those who dwell in darkness and in the shadow of death, and to guide our feet into the way of peace.

And the peace of the Lord be always with you.  
**And also with you.**

Let us offer one another a sign of peace.

### **HYMN 128      JESU, LOVER OF MY SOUL**

**Jesu, lover of my soul,  
let me to thy bosom fly,  
while the nearer waters roll,  
while the tempest still is high:**

**hide me, O my Saviour, hide,  
till the storm of life is past;  
safe into the haven guide,  
O receive my soul at last.**

**Other refuge have I none,  
hangs my helpless soul on thee;  
leave, ah, leave me not alone,  
still support and comfort me.  
All my trust on thee is stayed,  
all my help from thee I bring;  
cover my defenceless head  
with the shadow of thy wing.**

**Thou, O Christ, art all I want;  
more than all in thee I find;  
raise the fallen, cheer the faint,  
heal the sick, and lead the blind.  
Just and holy is thy name,  
I am all unrighteousness;  
false and full of sin I am,  
thou art full of truth and grace.**

**Plenteous grace with thee is found,  
grace to cover all my sin;  
let the healing streams abound,  
make and keep me pure within.  
Thou of life the fountain art:  
freely let me take of thee,  
spring thou up within my heart,  
rise to all eternity.**

## **THE EUCHARISTIC PRAYER**

### **Prayer at the preparation of the Table**

God of our journey, as we walk with you on your path of obedience, sustain us on our way and lead us to your glory through Jesus Christ our Lord.

**Amen**

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

**Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Jesus Christ is Lord:  
**When we eat this bread and drink this cup,  
we proclaim your death, Lord Jesus,  
until you come in glory.**

## **THE LORD'S PRAYER**

Let us pray with confidence as our Saviour has taught us:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.**



**And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen**

### **BREAKING OF BREAD**

We break this bread  
to share in the body of Christ  
**Though we are many, we are one body  
because we all share in the one bread.**

### **THE AGNUS DEI**

**Lamb of God, you take away the sin of the world,  
have mercy on us.  
Lamb of God, you take away the sin of the world,  
have mercy on us.  
Lamb of God, you take away the sin of the world,  
grant us peace.**

### **THE RECEIVING OF HOLY COMMUNION**

Jesus is the Lamb of God who takes away the sin of the world.  
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word,  
and I shall be healed.**

**We do not presume to come  
to this your table, merciful Lord,  
trusting in your own righteousness,  
but in your manifold and great mercies.  
We are not worthy so much  
as to gather up the crumbs under your table.**

**But you are the same Lord whose nature is always to have mercy.**

**Grant us therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ and to drink his blood, that our sinful bodies may be made clean by his body and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.**

### **POST COMMUNION PRAYER**

Lord God,  
you have renewed us with the living bread from heaven;  
by it you nourish our faith,  
increase our hope,  
and strengthen our love:  
teach us always to hunger for him who is the true and living bread,  
and enable us to live by every word  
that proceeds from out of your mouth;  
through Jesus Christ our Lord.  
**Amen.**

**Almighty God,  
We thank you for feeding us with the body  
And blood of your Son Jesus Christ.  
Through him we offer you our souls  
And bodies to be a living sacrifice.  
Send us out in the power of your Spirit  
To live and work to your praise and glory.  
Amen.**

### **NOTICES AND Banns**

### **LENTEN PRAYER**

**HYMN 702      LEAD US HEAVENLY FATHER LEAD US**

**Lead us, heavenly Father, lead us  
o'er the world's tempestuous sea;  
guard us, guide us, keep us, feed us,  
for we have no help but thee;  
yet possessing every blessing,  
if our God our Father be.**

**Saviour, breathe forgiveness o'er us:  
all our weakness thou dost know;  
thou didst tread this earth before us,  
thou didst feel its keenest woe;  
lone and dreary, faint and weary,  
through the desert thou didst go.**

**Spirit of our God, descending,  
fill our hearts with heavenly joy,  
love with every passion blending,  
pleasure that can never cloy:  
thus provided, pardoned, guided,  
nothing can our peace destroy.**

**DISMISSAL AND BLESSING**

The Lord be with you  
**And also with you**

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God Almighty Father, Son and Holy Spirit  
be among us and remain with us always.

Go in peace to love and service the Lord.  
**Amen.**

ORGAN VOLUNTARY

*Do join us for refreshments after the service at the back of the church.*

**ACCLAMATIONS FOR LENT**

This is love, not that we loved God,  
**But that he loved us and sent his Son.**

He is the sacrifice for our sins,  
**That we might live through him.**

If God loves us so much  
**We ought to love one another.**

If we love one another  
**God lives in us.**

To you, O Lord, I lift up my soul;  
**O my God, in you I trust.**

You are the God of my salvation;  
**To you, O Lord, I lift up my soul.**

In you I hope all the day long.  
**O my God, in you I trust.**

Remember, Lord, your compassion and love,  
**For they are from everlasting.**

To you, O Lord, I lift up my soul;  
**O my God, in you I trust.**

## KEEP IN TOUCH

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